

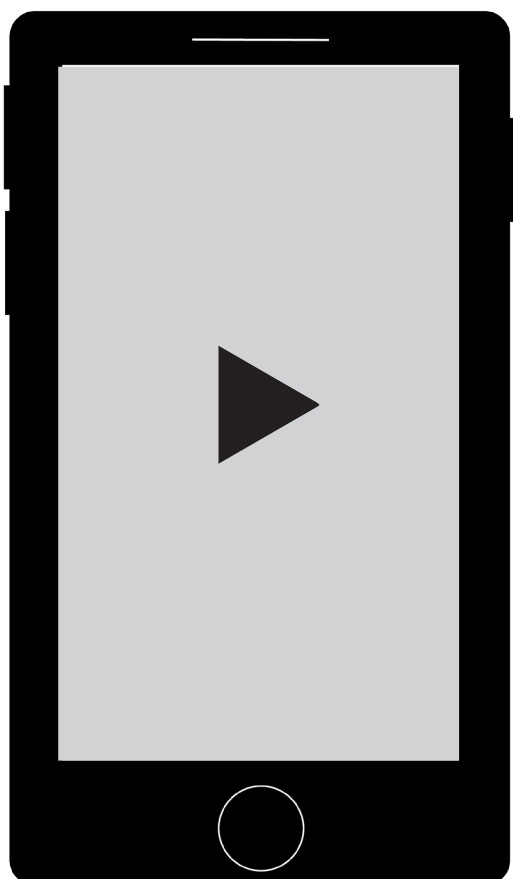
SÅ KAN DU HANTERA DIN ORO I KARANTÄN HEMMA

Att vara isolerad i hemmet kan kännas påfrestande,
oavsett om du bor själv eller tillsammans med andra.
Se en film i mobilen som ger dig råd och stöd i situationen.

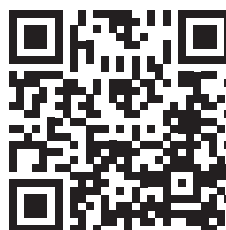
How to deal with stress in home quarantine - a film

Comment gérer le stress en quarantaine à domicile - un film

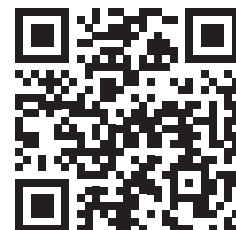
كيفية التعامل مع المخاوف أثناء العزل المنزلي



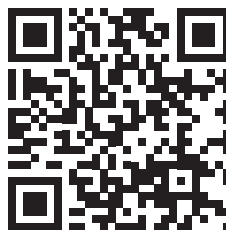
Svenska



English



Français



العربية



Svenska Röda Korset